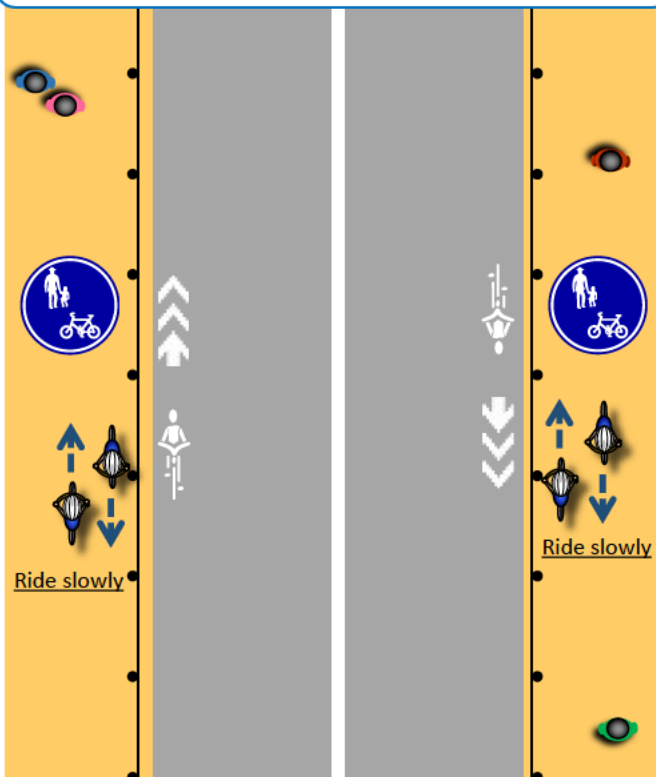



You may ride on the sidewalk if you feel that using the road would be dangerous.

However, you must ride slowly on the side nearest to the road.



Even if there are Bicycle markings, you may still ride on the sidewalk if:

- there is a  road sign.
- you are aged under 13 or 70 and over.
- you are physically disabled.
- doing so is necessary for safety.

When riding on the sidewalk, ride slowly on the side nearest to the road and stop if you would obstruct the passage of pedestrians.

“Bicycle markings”
◀ on the left side of the road

“Bicycle lines”
◀ mainly found at and near intersections



Five Rules for Safe Cycling

- (1) Use the road in principle and the sidewalk as an exception.
- (2) Cycle on the left side of the road.
- (3) On the sidewalk, give way to pedestrians and ride slowly on the side nearest to the road.
- (4) Obey the rules on road safety.
 - Cycling under the influence of alcohol is prohibited.
 - Double riding is prohibited.
 - Riding side-by-side is prohibited.
 - You must use lights at night.
 - Traffic lights must be obeyed.
 - Stop before entering an intersection.
- (5) Children must wear a helmet.

2020年ホームページ掲載用

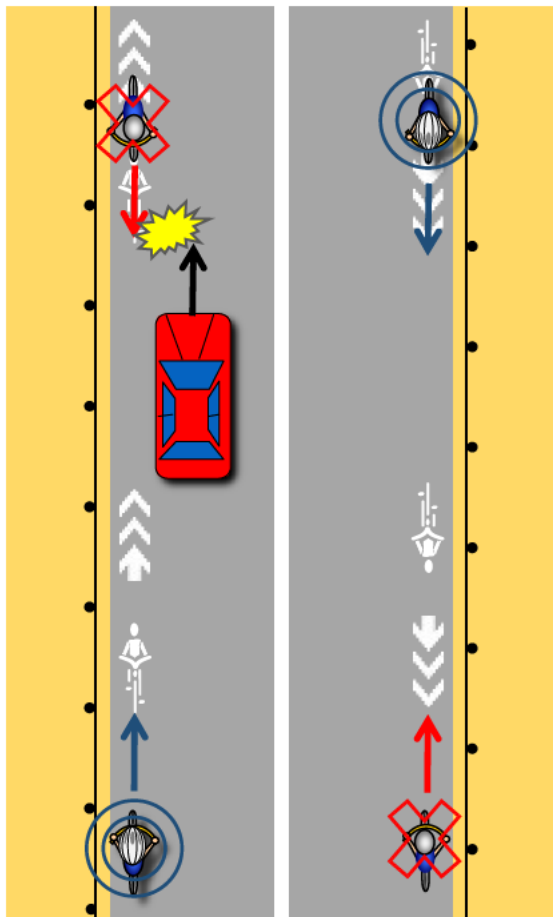


Cyclists should ride on the “Bicycle markings”, “Bicycle lines”.

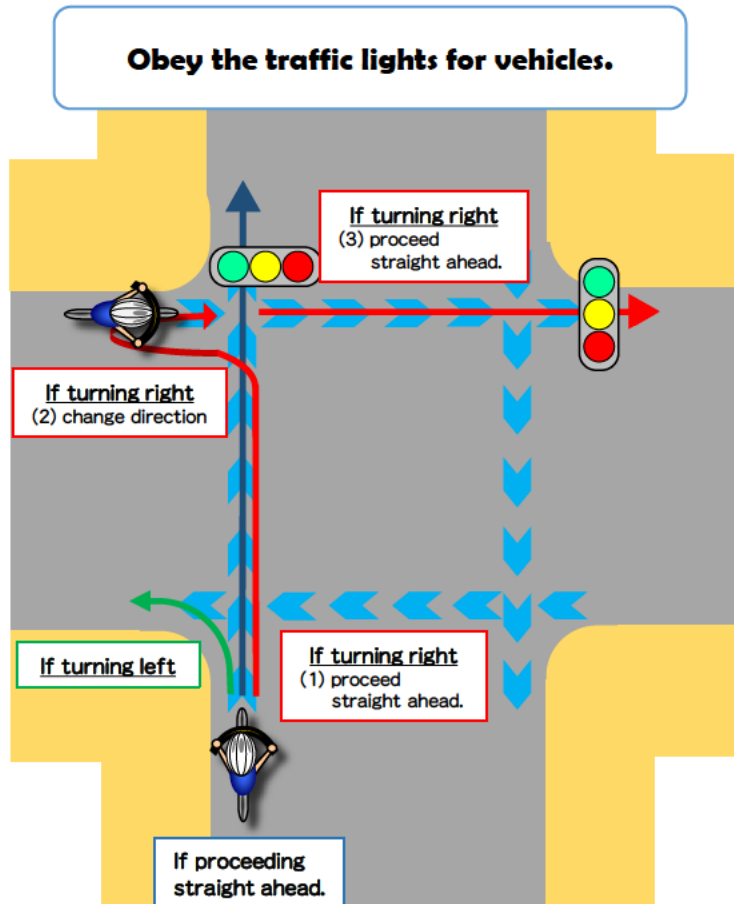


Metropolitan Police Department

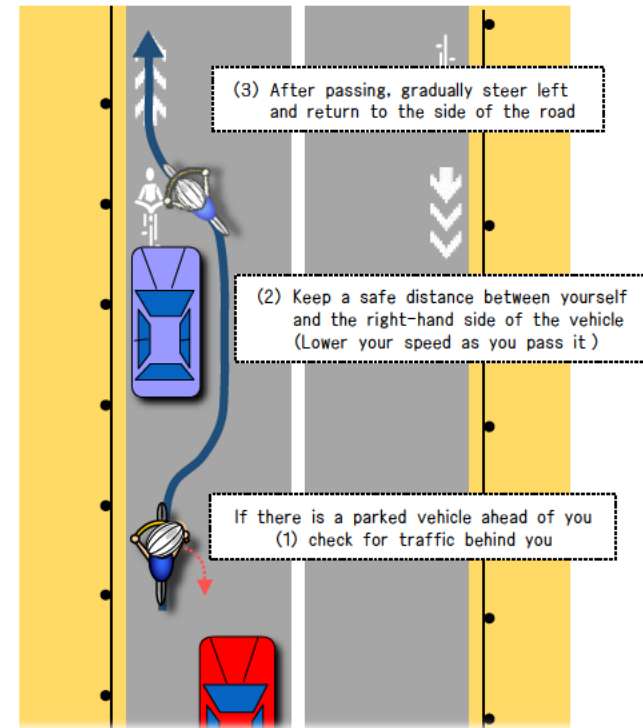
Cyclists should ride on the left side of the road along the Bicycle markings.



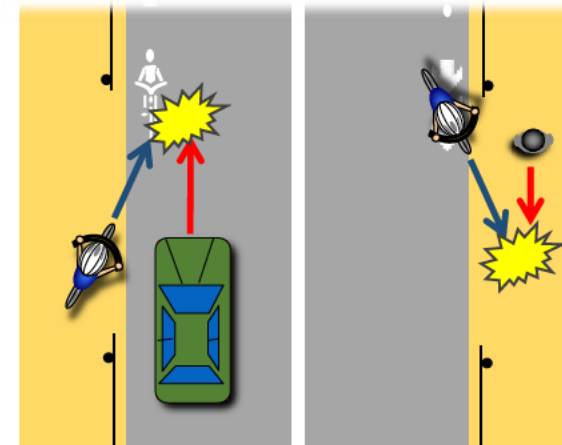
At intersections, follow the Bicycle lines.



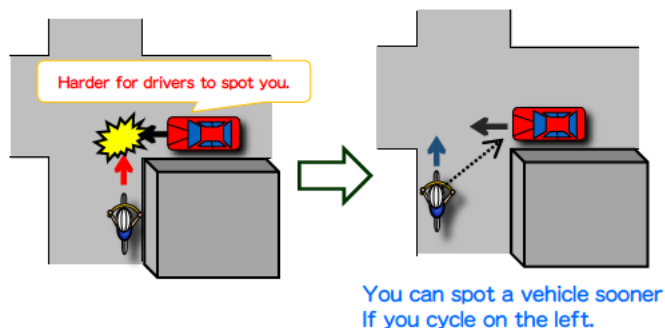
If there is a parked vehicle ahead of you, check carefully for traffic behind you



When moving from the sidewalk to the road or vice versa, Be particularly careful of vehicles and pedestrians.



Riding on the right can cause a collision at an intersection.



Obey stop signs and look both ways before going on your way.

